

Guidance Notes

All nominees, other than the Club of the Year and initiative of the year, must be individuals.

Nominees should only be entered to 1 borough's awards.

All nominations should describe the period in the 12 months up to your local areas closing date.

Changing Lifestyle Award

This award is for a person who has used physical activity to transform their lifestyle for the better.

The nominee should be a permanent resident in the local area.

Club of the Year

This award is for a community club or community group who has had an impact in their local community in the given time period.

The club must be based and run from the borough being nominated for.

Young Sports Achiever of the Year

This award is for young athletes (aged under 18) who are not professionally funded who have had significant success in their sport throughout the year.

The nominee should be a permanent resident in the local area.

Unsung Hero

This award recognises long term volunteers (over 10 years) who have made a significant difference over that timeframe.

The volunteering must take place in the borough they are nominated for.

Volunteer of the Year

This award is for volunteers who have given up their time to volunteer over the given time frame.

The volunteering must take place in the borough they are nominated for.

School Commitment to PE and Sport Award

This award recognises schools that have gone above and beyond in respect to incorporating activity into a school day for their pupils and staff.

- It is based upon achievements in the academic year
- Primary or secondary eligible
- School must be based in the borough being nominated for

Workforce Advocate Award

This award recognises an individual that has used physical activity or sport within their professional role to have positive impacts on any of the following outcomes for their local community;

- Physical wellbeing
- Mental wellbeing
- Individual development
- Social and community development
- Economic development

Examples of winners;

- GP sending patients to parkrun
- Support worker upskilling themselves to promote Physical Activity.
- Researcher developing research that has enabled more people to get active.
- Individual from a workplace supporting getting their workplace more active.

Initiative of the Year

This award recognises a physical activity initiative by an organisation which has made a difference in communities and achieved positive social outcomes.

The activity must be based in the local authority.