

Everybody Can - Disability Community Sessions

SESSION	LOCATION	DAY	ACTIVITY TIME	PRICE	AGE
 Multi-Sports, Music & Cooking	Active Medlock	MONDAY	5:30pm - 7:30pm	£3 (Up to 18yrs) £4 Adults	5 years +
 Multi-Sport	Fairfield Community Centre	MONDAY	7:30pm - 8:30pm	£3 (Up to 18yrs) £4 Adults	18 years +
 Cycling	Roy Oldham Cycle Track	MONDAY	5:00pm - 7:00pm	£3 (Up to 18yrs) £4 Adults	5 years +
 Football	Tameside Stadium	TUESDAY	5.00pm - 7.00pm	£3 (Up to 18yrs) £4 Adults	5 years +
 Trampolining & Soft Play	Total Adrenaline	TUESDAY	6:00pm - 7:30pm	£3 (Up to 18yrs) £4 Adults	5 years +
 Every Voice Matters Choir	Total Adrenaline	TUESDAY	5:30pm - 6:30pm	£3 (Up to 18yrs) £4 Adults	5 years +
 Multi-Sports, Dance, Cooking & Sensory Play	Thomas Ashton	WEDNESDAY	6:00pm - 8:00pm	£3 (Up to 18yrs) £4 Adults	5 years +
 Cycling	Roy Oldham Cycle Track	THURSDAY	5:00pm - 7:00pm	£3 (Up to 18yrs) £4 Adults	5 years +
 Dance	Active Copley	FRIDAY	6:30pm - 8:30pm	£3 (Up to 18yrs) £4 Adults	5 years +
 Multi-Sports, Cooking & Sensory Play	Active Medlock	SATURDAY	10:00am - 12:30pm	£3 (Up to 18yrs) £4 Adults	5 years +
 Cycling	Roy Oldham Cycle Track	SATURDAY	1.00pm - 3.00pm	£3 (Up to 18yrs) £4 Adults	5 years +

Inclusive means that anyone, no matter their ability, can access the session freely and openly knowing that appropriate equipment and staffing (with specific qualifications) are in place.

Inclusive means barriers are removed for disabled people to come enjoy, engage and develop in community session.

Active Junior membership and commissioned Supported Services members include access to all community sessions.

For more information visit www.livewelltameside.com or call in to one of our centres.

#EVERYBODY CAN



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