



Walk and Talk

A gentle 30-minute walk with a trained walk leader planning the routes. A chance to get out in the fresh air and socialise with others. **All walks are free.**

LOCATION	DAY	TIME	INFORMATION / MEETING POINT / CONTACT
Hyde	Monday	10.00am	Hyde Park, Park Rd, Hyde SK14 4JT (Bottom Entrance). Phil Brooke 07542683666
Denton	Tuesday	10.00am	Victoria Park, Acre St, Denton, M34 2AL (Bandstand Area) Phil Brooke 07542683666
Ashton	Wednesday	10.00am	Active Oxford Park, Pottinger St, Ashton-Under-Lyne, OL7 0PW (Carpark) Phil Brooke 07542683666
Droylsden	Thursday	10.00am	Active Medlock, Gardenfold Way, Droylsden, M34 7XU. (Carpark) Phil Brooke 07542683666
Mossley	Thursday	11.30am	New Bridge Inn, Micklehurst Rd, Mossley, OL5 9HT (Carpark) Phil Brooke 07542683666
Stamford Park	Friday	10.00am	Stamford Park, Stalybridge, SK151NJ. (Meet at bowling hut) Phil Brooke 07542683666

Contact Live Active Community Officer Phil Brooke for further details. It is advisable to get in touch to confirm that the walk is on (inclement weather etc).

Phil Brooke tel: 07542 683 666 email: philip.brooke@activetameside.com

For more information, please contact the Live Active Office, tel: 0161 366 4860.