

Live Active Officer (Walking & Cycling)

Salary:	£19,946.49 p.a
Base:	Various Tameside and Active Tameside facilities
Working Hours:	37 hours
Closing date:	Friday 14th May 2021
Interview date:	Monday 24th May 2021
Please Quote:	AT477

helping you to live your best life

Active Tameside is a registered charity. We're here to inspire the people of Tameside into living healthier, happier and more active lives.

**Are you passionate about helping others to improve their health?
Do you have a background in exercise and physical activity and a keen interest in walking and cycling with the ability to engage and motivate others?
Then we want to hear from you!**

The Live Active service is a high performing service with strong local roots within the health care system. The service works with local people who are inactive and living with a long term condition to help increase their fitness, improve confidence and have big impacts on everyday quality of life.

We are specifically looking for a passionate, motivational exercise specialist who can work in Tameside to grow participation, workforce and volunteers in walking and cycling by building a strong bond and help people to achieve health outcomes that will affect their lives for years to come.

As a Live Active Officer you will be able to talk to people and understand different life journeys, but also exceptional at managing conflicting demands of both a client caseload as well as detailed data collection.

For any more detail about the position please contact Shaun Higgins (Director of Health and Social Outcomes) on 07739094831.

What benefits will Active Tameside offer me?

We seek to ensure that Active Tameside is great place to work and that our people are rewarded! All of our people are entitled to an All Inclusive Membership which enables them to access all of our gyms, pools and classes for free! Your partner and children under 16 can swim for free too!

We also offer the Cycle to Work Scheme, Christmas Saving Club and a Pension Scheme.

Not only that but we are also partnered with BHSF (a not-for-profit organisation) to offer great discounts for your favourite high street stores, offers and much more!

To apply for this position please fill out the form online or alternatively with an application form and return it to HR@activetameside.com or Human Resources, Active Tameside, Active Ken Ward, Hattersley Road East, Hattersley, Hyde, SK14 3NL.

Application forms can be found on www.activetameside.com or email HR@activetameside.com. For help or advice in completing the application form please contact Human Resources on 0161 366 4814.

Role Profile

Role Title: Live Active Officer (Walking & Cycling)

Grade: Grade E

Date: April 2021

Responsible to: Live Active Manager

Role Purpose:

The Live Active Officer will be responsible for working closely with Tameside population to improve their physical and mental health through accessing a specifically tailored appropriate physical activity programme linked to walking & cycling.

Role Accountabilities:

All our roles play a key part in delivering our strategic themes to achieve our goals:

1. Contribute towards achieving a positive culture in delivering our dynamic and life enhancing strategy and outcomes. Build positive and effective relationships with customers, colleagues, partners and key stakeholders.
2. To devise and implement appropriate physical activity programmes in accordance with Tameside walking & cycling strategy by aiming to grow participation, workforce, and volunteer opportunities.
3. Capture and evidence the impacts patients are experiencing through making lifestyle changes.
4. To work closely with Live Active Manager, Health professionals and Community Organisations to develop and sustain high levels of engagement into walking & cycling activities in Tameside.
5. Be a flexible and proactive team member who inspires improvements and developments in people, performance and processes. To inspire a “best in class” approach in representing our brand internally and externally.
6. Live and breathe the vision and values of Active Tameside in a customer focused way to drive us to be the best that we can be. To lead by example and to be an active role model in delivering our policies and procedures.

Role Requirements:

Our recruitment process will include you demonstrating these requirements from your application form, interview and/or assessment(s):

Knowledge	Experience
<p>Qualified to a minimum of NGB level 2</p> <p>Excellent knowledge of health conditions and appropriate exercise prescription around them</p> <p><i>Specialised exercise or health related qualifications</i></p> <p>Knowledge of behaviour change and motivational interview techniques</p> <p><i>Membership of CIMSPA or a related institute</i></p>	<p>Experience working with participants within a walking/cycling environment</p> <p>Excellent ability to motivate and support inactive populations to become more physically active in walking & cycling</p> <p>Experience of delivering walking & cycling sessions to specialist populations</p> <p><i>Previous experience and success when working with minority groups</i></p>
Skills	Values
<p>Excellent communication skills and ability to form close partnerships with a range of referring health professionals and community organisations</p> <p>Ability to produce safe and effective activity programmes to meet the diverse needs of individuals & groups</p> <p>Project management experience</p> <p>Budget management</p> <p>Excellent IT Skills</p>	<ul style="list-style-type: none"> ★ Active - we encourage people to be healthy and active. ★ Champion - we work and adapt so that we can be the best. ★ Together - we are there for people that need our help. ★ Integrity - we are genuine and honest with people. ★ Value - we respect people's opinions and differences. ★ Enthusiasm - we enjoy what we do and act positively.

- **Essential Criteria – in bold**
- *Desirable Criteria – in italics*