



EVERYBODY CAN

mainstream and youth intervention provision

Everybody Can focuses on removing barriers to give everyone the opportunity to reach their potential. Therefore, we welcome anyone to access our sessions freely and openly knowing appropriate equipment and qualified staff are in place. So come and enjoy, engage and grow in your community, come and live your best life.

Everybody Can Memberships include access to all community sessions, along with off-peak gym and swim.

Visit activetameside.com or email EverybodyCan@activetameside.com for further information.

Turn over to see our session timetable.

ACTIVE
TAMESIDE



onward
Creating positive spaces



activetameside.com



EVERYBODY CAN

helping you
to live your
best life

DAY / TIME	ACTIVITY	VENUE	AGE	PRICE
MONDAY				
5.00pm - 6.00pm	Football	Active Copley	6 - 13	Free
5.00pm - 6.30pm	Multi-sports	Broad oak	6 - 13	Free
5.00pm - 6.00pm	Multi-sports	Crowhill	6 - 16	Free
6.30pm - 7.00pm	Athletics	Active Copley	6 - 13	Free
TUESDAY				
4.45pm - 7.30pm	Street Dance & Hip Hop	Tameside Wellness Centre	6 - 16	Free
5.30pm - 7.30pm	Bowling, Dance, Music and Youth Zone	Tameside Wellness Centre	6 - 16	£3
5.00pm - 7.00pm	Football	Active Medlock	9 - 16	Free
5.00pm - 7.00pm	Multi-sports	Denton Community College	6 - 13	Free
5.30pm - 6.30pm	Little Kickers	Active Copley	3 - 5	Free
WEDNESDAY				
5.30pm - 6.30pm	Little Stars	Active Copley	3 - 5	Free
5.00pm - 6.00pm	Football	Active Oxford Park	6 - 13	Free
6.30pm - 7.30pm	Netball	Active Copley	6 - 13	Free
5.30pm - 7.30pm	Swimming	Active Hyde	6 - 16	£3
5.00pm - 6.00pm	Multi-sports	Cheethams Park	6 - 13	Free
THURSDAY				
5.30pm - 7.30pm	Multi-sports	Silver Springs Primary School	6 - 13	Free
5.00pm - 7.00pm	Multi-sports	Cheethams Park	6 - 13	Free
FRIDAY				
5.30pm - 6.30pm	Racket sports	Active Copley	6 - 13	Free
5.00pm - 7.00pm	Multi-sports	Active Ken Ward	9 - 16	Free
SATURDAY				
5.00pm - 7.00pm	Multi-sports	Active Medlock	9 - 16	Free