



TAMESIDE SPORT & PHYSICAL ACTIVITY NETWORK

www.tamesidesportsnetwork.co.uk / Twitter - [@TamesideSN](https://twitter.com/TamesideSN)

Name of service	Active Through Football (Everyone's Game)
Main contact in service	Andy Dwyer
Email and telephone number	Please send back to – andrew.dwyer@activetameside.com
Volunteer opportunities within your service – please list roles and very brief duties to be carried out by the volunteer.	Walking Football Volunteer To lead or support facilitation of an outdoor Walking Football activity session. Walking Football is a slowed-down version of the game of football. It helps people continue to play as they get older and stay active in a social way, at a pace that suits them. With no running, heading, or tackling, and with reduced physical contact, Walking Football is a fun and safe way to stay active for longer.
Where does it take place?	Volunteers will plan warm-up drills and activities, and facilitate small-sided games using cones, footballs and miniature goalposts, all stored on-site at the facility. Volunteers will use their sociable and friendly nature to encourage new or less confident players, mixing up teams to ensure an even spread of ability and fitness levels.
What does the volunteer need to do?	Volunteers will keep a register for each session and, when permissions allow, take photos/videos to help promote the sessions to more people locally.
Times/how often?	1-hour sessions are currently delivered from Active Ken Ward in Hattersley, Hyde on Wednesdays at 11am.
Any training provided?	Training will be provided via the FA online training platform and volunteers will receive ongoing support from the Active Through Football Project Manager. Volunteers will have access to an initial bank of warm-up activities and will be encouraged to widen their knowledge to keep sessions fresh and interesting.