

Gymnastics Lessons Terms and Conditions

This is an agreement between yourself and Active Tameside to join us on a Gymnastics Lesson Membership bound by the following terms and conditions.

General Terms & Conditions

- If you wish to cancel your lessons you should do so in writing to gymnastics@activetameside.com, you must give at least 10 working days' notice - failure to do this may result in further payments being taken.
- If you miss your lesson due to illness etc., we are unable to offer a refund
- If you have a prolonged illness etc., we have two options 1) If you wish to keep the same teacher and at the same time you continue to pay. 2) You are removed from lessons; payments are put on hold and return where we have availability once it is fit to return.
- Gymnasts should wear the appropriate attire, leotard and shorts or t-shirt, with no hoodies or crop tops
- Those with longer hair should have their hair tied up.
- Jewelry should not be worn during gymnastic lessons- plasters/tape will not be provided by center.
- Children must not change in public areas and therefore be in a state of undress due to safeguarding.
- Gymnasts should arrive 10 minutes before the start of their lesson to ensure they do not miss the start of the lesson.
- If a child is late for their lesson the center staff will, where safely possible, admit to the lesson. There is no guarantee that your child will be able to be admitted late.
- It is not advised to come to a class on a full stomach we advise not eating in the hour before their lesson to reduce the risk of feeling ill during the lesson. Children may come straight from school; in which case a light snack would be best.
- It is important teachers are aware of any medical conditions, injuries, or additional needs your child may have. This could include asthma, epilepsy, sight or hearing impairment or learning disabilities. This should be done via notes on your children's account via our reception staff, not a conversation with coaches in the gym hall.
- Do not bring your child to a gymnastics lesson if he/she has an ear infection, infectious diseases, open wounds, or sore eyes.
- A parent/guardian must remain on site for the whole duration of the lesson for Gymnasts under 8 years old.
- Use Home Portal to keep up to date with your child's progress. Home Portal allows parents or

gymnasts to log in and view their progress online on a weekly basis, make payments online and book new places when ready – all with ease from your computer or mobile device.

- Gymnastics Coaches will not be available for conversation during lesson times. If a parent/guardian wants to speak to a gymnastics coach, they should leave a message at reception, and the coach will contact them as soon as practicable.
- Please respect our staff, if you have any concerns, you should raise them with the center's Manager away from your child. Abuse of our staff will NOT be tolerated.
- Lessons will be taught by qualified gymnastics coaches. Usual coach/gymnasts' ratio is no more than 16 gymnasts in the class. Active Tameside class sizes have been reduced, and the maximum capacity is now 12 gymnasts per class. This may be lower in some groups.
- Fun activities will be used by the teacher to help the class learn new skills, whilst providing personalised feedback to each gymnast to help them improve.
- We will aim to keep the personal nature of the class and coaches will adapt some of the activities depending on each gymnast's ability.
- Every child will develop at a different speed, and this is individual and will vary depending on skill and experience.
- To move through the program your child must complete all outcomes in order to be awarded the NATGAP Award.
- Coaches will assess children with disabilities or additional needs with their discretion to the best of the individual child's ability to achieve the NATGAP awards.
- Active Tameside will follow government, local council, and governing body guidance.