

MENU



SERVED ALL DAY

Portion of White or Brown Toast (V)

Two slices of white or brown bloomer bread toasted, with butter portions.

£1.95

Teacake (V)

One toasted teacake with 2 butter portions.

£3.00

Cheese on Toast (V)

Two slices of white or brown bloomer bread toasted, with melted cheddar cheese.

£3.30

Beans on Toast (V)

Two slices of white or brown bloomer bread toasted and buttered, topped with baked beans.

£3.65

B.L.T Bloomer

Bacon, Lettuce & Tomato, on your choice of white or brown bloomer bread or toast.

£4.45

Bacon Bloomer

2 rashers of bacon, on your choice of white or brown bloomer bread or toast.

£4.00

Sausage Bloomer

2 GF sausages, on your choice of white or brown bloomer bread or toast.

£4.00

EXTRAS

1x Pot of jam (VE)

50p

Gravy (V)

£1.15

Three Hash Browns (V)

£1.20

Portion of Chips (VE + GF)

£2.75

Chicken Nugget Bites

8x battered Chicken Nuggets (halal + contain paprika)

£3.65

SNACKS

Chocolate Fredo (V)

90p

Assorted Biscuits

90p

Piece of Fruit (VE)

Choice of; **Banana** or **Apple**

£1.00

Real Crisps

£1.50

Quavers (V)/Pombears (VE + GF)

(Kosher)

£1.70

Chocolate (V)

£1.95

Cupcake Muffin (V)

£2.95

ACTIVE
TAMESIDE

fuel
nourish hydrate enjoy

CHILDRENS MENU



all served with a drink (small cordial, small draught, a milk carton or bottled water), and a portion of chips.

Hotdog

Small Hotdog

£5.25

Chicken Nugget Bites

6x battered Chicken Nuggets (halal + contain paprika)

£5.25

Fish Bites

4x Breaded Fish Bites

£5.25

Mini Cheese Pizza (V)

£5.25

Sausage & Chips (GF)

2x GF Sausages

£5.25

Cucumber sticks can be provided, on request, as a paid extra (70p)

**For advice on allergies,
please ask a member of staff**

Vegan (VE)

Vegetarian (V)

Gluten Free (GF)

Halal (H)



MENU

LUNCH



TOASTIES/ SANDWICHES

Cheddar Cheese (V)	£3.70
Ham	£3.70
Cheese & Onion/Tomato (V)	£3.95
Tuna Mayo (GF)	£4.95
Ham & Cheese	£4.95
Chicken (H) (BBQ or Sweet Chilli)	£5.35

JACKET POTATOES

Plain Jacket Potato (VE + GF)	£3.70
Cheddar Cheese (V + GF)	£4.75
Tuna Mayo (GF)	£5.95
Beans and Cheddar Cheese (V)	£5.95
Chilli Con Carne	£6.25

Sauces available; Tomato, Brown, BBQ,
Mayonnaise, + Salad Cream

Chilli Con Carne

Chilli Con Carne (halal), served with a generous portion of rice.

£6.50

Hot & Spicy Chicken Burger (H)

Hot & Spicy breaded chicken burger, served in an unseeded bun, with a portion of chips.

£7.75

Beef Burger

Beef Burger, served in an unseeded bun, with a portion of chips.

£8.40

Cheese (V) or Pepperoni Pizza

10" Cheese or Pepperoni Pizza with a tomato stuffed crust

£12.50

MEAL DEALS - ALL DAY

Fuels Wrap Lunch Deal

Choice of; any wrap, a piece of fruit, a chocolate bar or crisps and a medium draught drink or a bottle of water. Served all day.

£6.25

upgrade to a
hot drink for
£1 extra

Fuels Family Pizza & Chicken Meal

Choice of; a Cheese or Pepperoni Pizza, one portion of chicken nuggets (contain paprika) (8), 4 small portions of chips & 4 medium drinks (draught). Served all day.

£24.00

Save £11.35

To help us reduce food waste, meals will no longer include a side salad by default.
If you'd like one, please request it when placing your order.

WRAPS

Tortilla wrap, filled with lettuce + cucumber and your choice of filling.

BBQ Chicken (H), Sweet Chilli Chicken (H) or Chicken Caesar (H)	£4.50
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Tuna Mayo (GF)	£4.50
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Chilli Burrito

Tortilla wrap, filled with chilli beef (halal) and rice.

£5.50

RICE BOWLS

Gorgeous Rice Bowl, with diced peppers and your choice of chicken toppings

Chicken (H)	£5.35
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Sweet Chilli Chicken (H)	£5.70
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BBQ Chicken (H)	£5.70
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Chicken & Bacon	£6.85
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SALAD BOWLS

Gorgeous fresh salad, mixed with a choice of delicious toppings

Cheddar Cheese (GF)	£4.95
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Tuna Mayo (GF)	£5.80
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BBQ Chicken (GF + H)	£6.05
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Chicken Caesar (GF + H)	£6.05
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MENU



DRINKS

HOT DRINKS



Espresso £1.75

Breakfast Tea or Herbal Tea
Choice of; Green, Mint, Decaf or Lemon + Ginger £2.20

Americano £2.75

Cappuccino, Latte, Flatwhite, Mocha, Hot Chocolate £3.19

Cold Oat Milk (VE) 15p

Syrup Shot 50p

Extra Espresso Shot (with a hot drink) 90p



COLD DRINKS

Juice Carton 200ml (VE)
Choice of; Apple or Orange 80p

Milk Carton 200ml (V)
Choice of; Chocolate or Strawberry (Kosher + Halal) £1.25

Bottled Water 500ml (VE) £1.25

Cans 330ml (VE)
Choice of; Pepsi Max, Fanta £1.80

Flavoured Water 500ml (VE) £1.90

Simply Fruity 330ml (VE)
Choice of; Orange or Blackcurrant £1.90

Jug of Juice £1.95

Cherry Coke 330ml (VE) £2.50

Orange Lucozade Sport 500ml (VE) £2.65

Ribena Light 500ml (VE) £2.65

	Small	Medium	Large
Slush	£1.32	£1.98	£2.65

Draught	£1.90	£2.05	£2.65
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Extra Large Draft (excluding slush) £3.60

Fizzy Apple, Pink Lemonade, Coke Zero, Coca-Cola, Lemonade and Vimto

ALCOHOL

	Pint	½ Pint
Carlsberg (VE)	£5.65	£2.82

Poretti (VE)	£6.05	£3.47
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Guinness Can	£4.80
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Peroni 330ml (VE)	£5.35
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Koppaberg (VE)	£5.50
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Spirit with Mixer Splash Choice of; Gin, Pink Gin, Vodka or Jack Daniels available	£5.50
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Shipyard (VE)	£5.60
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Bottled White Wine 187ml	£6.00
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please ask a member of staff

