

MENU



SERVED ALL DAY

Portion of White or Brown Toast (V)

Two slices of white or brown bread toasted, with butter portions

£1.95

Teacake (V)

One toasted teacake with 2 butter portions.

£3.00

Cheese on Toast (V)

Two slices of white or brown bread toasted with melted cheddar cheese.

£3.30

Beans on Toast (V)

Two slices of white or brown bread toasted and buttered, topped with baked beans.

£3.65

B.L.T Bloomer

Bacon, Lettuce & Tomato, on your choice of white or brown bloomer, bread or toast.

£4.45

Bacon Bloomer

2 rashers of bacon, on your choice of white or brown bloomer, bread or toast.

£4.00

Sausage Bloomer

2 sausages, on your choice of white or brown bloomer, bread or toast.

£4.00

SIDES

1x Bacon Rasher

£1.40

Grated Cheese (V +GF)

£1.55

Portion of Baked Beans (V)

£1.55

1x Sausage (GF)

£1.85

2x Crumpets (V)

£2.15

Portion of chips (VE + GF)

£2.75

Side Salad (V)

£2.85

8 Chicken Nuggets

Halal and contain paprika

£3.65

EXTRAS

1x Pot of Jam (VE)

50p

Vegan (VE)

Gluten Free (GF)

Vegetarian (V)

Halal (H)

For advice on allergies,
please ask a member of staff



ACTIVE
TAMESIDE

CHILDREN'S MENU

all served with a drink (small cordial, small post mix, a milk carton or bottled water, carrot or cucumber sticks, as an appetiser and a choice of potato waffles or chips.

Mini Cheese Pizza (V)

£5.25

Chicken Nuggets Bites

6x battered Chicken Nuggets (halal and contain paprika)

£5.25

Sausage & Chips (GF)

2x Sausages

£5.25

Childrens Puzzle Box

1x Full Sandwich, choice of; Ham, Cheese or Jam, 1x Pombears, 1 Apple or Orange Carton, 1x 3 Pot of Jelly, 1 Apple or Orange and 1x Colouring Set with crayons.

£5.50

CHILDREN'S EXTRAS

Frube Yogurt (V)

£0.95

Cup of Milk

£0.95

Jelly Pot (VE)

£2.15



MENU



LUNCH

SNACKS

Chocolate Fredo (V)	90p
Assorted Biscuits (V)	90p
Piece of Fruit (V + VE) Choose of; Banana or Apple	£1.00
Real Crisps	£1.50
Quavers (V)/Pombears (VE + GF)	£1.70
Chocolate (V) Choose of; Kitkat, Maltesers, Beuno, MilkyWay	£1.95
Raspberry & White Choc Protein Flapjack (V)	£2.15

MEAL DEAL'S - ALL DAY

Fuels Wrap Lunch Deal Choice of any wrap, one piece of fruit, a chocolate bar or crisps and a 330ml canned drink or a bottle of water. Served all day.	£6.25 upgrade to a hot drink for £1 extra
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Sauces available; Tomato, Brown, BBQ, Mayonnaise and Vinegar

TOASTIES/ SANDWICHES

Ham	£3.70
Cheddar Cheese (V + GF)	£3.70
Cheese & Onion/Tomato (V)	£3.95
Tuna Mayo (GF)	£4.95
Ham & Cheddar Cheese	£4.95
Chicken (H) (BBQ or Sweet Chilli)	£5.35

JACKET POTATO

Plain Jacket Potato (VE + GF) Warm Buttered Jacket Potato	£3.70
Cheddar Cheese (V + GF)	£4.75
Tuna Mayo (GF)	£5.95
Beans and Cheese (V)	£5.95

WRAPS

Tortilla wrap, filled with lettuce + cucumber and your choice of chicken (H) filling.

BBQ Chicken, Sweet Chilli Chicken or Chicken Caesar	£4.50
Tuna Mayo (GF)	£4.50

To help us reduce food waste, meals will no longer include a side salad by default.
If you'd like one, please request it when placing your order.

HOT DRINKS

Espresso	£1.75
Breakfast Tea or Herbal Tea Green, Mint, Decaf or Lemon + Ginger	£2.20
Americano	£2.75
Cappuccino, Latte, Flatwhite, Mocha, Hot Chocolate	£3.19
Syrup Shot (Vanilla or Caramel)	50p
Whipped Cream	55p
Extra Espresso Shot (with a hot drink)	90p

SOFT DRINKS

Apple/Orange Juice Carton (VE)	80p
Bottled Water (VE)	£1.25
Cans 330ml Pepsi Max, Diet Pepsi or Vimto	£1.80
Forest Fruits Flavoured Water (VE)	£1.90
Simply Fruity (VE) Orange or Blackcurrant	£1.90
Cherry Coke (VE)	£2.50
Orange Juice Bottle (VE)	£2.55
Lucozade (VE) Orange or Raspberry Sport	£2.65
Ribena Light (VE)	£2.65