

MENU



BREAKFAST, SERVED ALL DAY

Portion of White or Brown Toast (V)

Two slices of white or brown bloomer bread toasted, with butter portions.

£1.95

Teacake (V)

One toasted teacake with 2 butter portions.

£3.00

Cheese on Toast (V)

Two slices of white or brown bloomer bread toasted, with melted cheddar cheese.

£3.30

Beans on Toast (V)

Two slices of white or brown bloomer bread toasted and buttered, topped with baked beans.

£3.65

B.L.T Bloomer

Bacon, Lettuce & Tomato, on your choice of white or brown bloomer bread or toast.

£4.45

Bacon Bloomer

2 rashers of bacon, on your choice of white or brown bloomer bread or toast.

£4.00

Sausage Bloomer

2 GF sausages, on your choice of white or brown bloomer bread or toast.

£4.00

EXTRAS

1x Pot of jam (VE)

50p

Cucumber Sticks (VE)

70p

Gravy Portion (V)

£1.15

Three Hash Browns (V)

£1.20

Portion of Potato Puffs (VE)

£2.30

Portion of Chips (VE + GF)

£2.75

Chicken Nugget Bites

8x battered Chicken Nuggets (halal + contain paprika)

£3.65

SNACKS

Chocolate Fredo (V)

90p

Assorted Biscuits

90p

Piece of Fruit (VE)

Choice of; **Banana** or **Apple**

£1.00

Real Crisps

£1.50

Quavers (V)/Pombears (VE + GF)

(Kosher)

£1.70

Chocolate (V)

£1.95

Jelly Pot (VE)

£2.15

Chocolate Muffin (V)

£2.95

ACTIVE
TAMESIDE

fuel
nourish hydrate enjoy

CHILDRENS MENU

all served with a drink (small cordial, small post mix, a milk carton or bottled water), and a portion of chips.

Hotdog

Small Hotdog

£5.25

Chicken Nugget Bites

6x battered Chicken Nuggets (halal + contain paprika)

£5.25

Fish Bites

4x Breaded Fish Bites

£5.25

Mini Cheese Pizza (V)

Sausage & Chips (GF)

2x GF Sausages

£5.25

£5.25

Childrens Puzzle Box

1x Full Sandwich, choice of; Ham, Cheddar Cheese or Jam , A bag of Pombears, an Apple or Orange Carton, a pot of Jelly, a piece of fruit, and 1x Colouring Set with crayons.

£5.50

Cucumber sticks can be provided, on request,
as a paid extra

Vegan (VE)

Gluten Free (GF)

Vegetarian (V)

Halal (H)

For advice on allergies,
please ask a member of staff



MENU

LUNCH



TOASTIES/ SANDWICHES

Cheddar Cheese (V)

£3.70

Ham

£3.70

Cheese & Onion/Tomato (V)

£3.95

Tuna Mayo

£4.95

Ham & Cheese

£4.95

Chicken (H) (BBQ or Sweet Chilli)

£5.35

JACKET POTATOES

Plain Jacket Potato (VE + GF)

£3.70

Cheddar Cheese (V + GF)

£4.75

Tuna Mayo (GF)

£5.95

Beans and Cheddar Cheese (V)

£5.95

Chilli Con Carne

£6.25

To help us reduce food waste, meals will no longer include a side salad by default.

If you'd like one, please request it when placing your order.

ALLEY SNACKS

Loaded Nachos (V)

Tortilla crisps topped with melted cheddar cheese, nacho sauce, salsa and jalapenos.

£6.45

Chilli Con Carne

Chilli Con Carne (halal), served with a generous portion of rice, 2x slices of garlic bread.

£6.50

Hot & Spicy Chicken Burger

Hot & Spicy breaded chicken burger, served in an unseeded bun, with a portion of chips.

£7.75

Beef Burger

Beef Burger, served in an unseeded bun, with a portion of chips.

£8.40

Cheese (V) or Pepperoni Pizza

10" Cheese or Pepperoni Pizza with a tomato stuffed crust

£12.50

MEAL DEAL'S - ALL DAY

Fuels Wrap Lunch Deal

Choice of; any wrap, a piece of fruit, a chocolate bar or crisps and a medium draught drink or a bottle of water. Served all day.

£6.25

upgrade to a hot drink for £1 extra

Fuels Family Pizza & Chicken Meal

Choice of; a Cheese or Pepperoni Pizza, one portion of chicken nuggets (contain paprika) (8), 4 small portions of chips & 4 medium drinks (draught). Served all day.

£24.00

Save £11.35

Sauces available; Tomato, Brown, BBQ, Mayonnaise, + Salad Cream



WRAPS

Tortilla wrap, filled with lettuce + cucumber and your choice of filling.

BBQ Chicken (H), Sweet Chilli Chicken (H) or Chicken Caesar (H)

£4.50

Tuna Mayo

£4.50

Chilli Burrito

Tortilla wrap, filled with chilli beef (halal) and rice.

£5.50

RICE BOWLS

Gorgeous Rice Bowl, with diced peppers and your choice of chicken toppings

Chicken (H)

£5.35

Sweet Chilli Chicken (H)

£5.70

BBQ Chicken (H)

£5.70

Chicken & Bacon

£6.85

SALAD BOWLS

Gorgeous fresh salad, mixed with a choice of delicious toppings

Cheddar Cheese (GF)

£4.95

Tuna Mayo (GF)

£5.80

BBQ Chicken (GF + H)

£6.05

Chicken Caesar (GF + H)

£6.05

MENU



DRINKS

HOT DRINKS



Espresso

£1.75

Breakfast Tea or Herbal Tea
Choice of; Green, Mint, Decaf or Lemon + Ginger

£2.20

Americano

£2.75

Cappuccino, Latte, Flatwhite, Mocha, Hot Chocolate

£3.19

Cold Oat Milk (VE)

15p

Syrup Shot

50p

Whipped Cream (V)

55p

Extra Espresso Shot (with a hot drink)

90p



COLD DRINKS

Juice Carton 200ml (VE)
Choice of; Apple or Orange

80p

Milk Carton 200ml (V)
Choice of; Chocolate or Strawberry (Kosher + Halal)

£1.25

Bottled Water 500ml (VE)

£1.25

Cans 330ml (VE)
Choice of; Pepsi Max or Diet Pepsi

£1.80

Flavoured Water 500ml (VE)

£1.90

Simply Fruity 330ml (VE)
Choice of; Orange or Blackcurrant

£1.90

Jug of Juice

£1.95

Cherry Coke (VE)

£2.50

Innocent Smoothie 200ml (VE)

£2.25

Fresh Juice 330ml (VE)
Choice of; Orange or Apple

£2.55

Lucozade 500ml (VE)
Choice of; Original Energy or Raspberry Sport

£2.65

Ribena Light (VE)

£2.65

	Small	Medium	Large
Slush	£1.32	£1.98	£2.65
Draught	£1.90	£2.05	£2.65

Extra Large Draft (excluding slush)

£3.60

Sunkist Fizzy Orange, Pink Lemonade, Coke Zero, Coca-Cola, Lemonade and Vimto

ALCOHOL

	Pint	½ Pint
Carlsberg (VE)	£5.65	£2.82

Poretti (VE)	£6.05	£3.47
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Bottled Wine 187ml
Choice of; Merlot, Pinot Grigio or Zinfandel Rose

£6.00

Budweiser 330ml (VE)

£5.15

Peroni 330ml (VE)

£5.35

Koppaberg/Bulmers (VE)

£5.50

Spirit with Mixer Splash
Choice of; Gin, Pink Gin, Vodka or Jack Daniels available

£5.50

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