

# MENU



## BREAKFAST, SERVED ALL DAY

### Portion of White or Brown Toast (V)

Two slices of white or brown bloomer bread toasted, with butter portions.

£1.95

### Teacake (V)

One toasted teacake with 2 butter portions.

£3.00

### Cheese on Toast (V)

Two slices of white or brown bloomer bread toasted, with melted cheddar cheese.

£3.30

### Beans on Toast (V)

Two slices of white or brown bloomer bread toasted and buttered, topped with baked beans.

£3.65

### B.L.T Bloomer

Bacon, Lettuce & Tomato, on your choice of white or brown bloomer bread or toast.

£4.45

### Bacon Bloomer

2 rashers of bacon, on your choice of white or brown bloomer bread or toast.

£4.00

### Sausage Bloomer

2 GF sausages, on your choice of white or brown bloomer bread or toast.

£4.00

## EXTRAS

### 1x Pot of jam (VE)

50p

### Cucumber Sticks (VE)

70p

### Gravy Portion (V)

£1.15

### Three Hash Browns (V)

£1.20

### Portion of Potato Puffs (VE)

£2.30

### Portion of Chips (VE + GF)

£2.75

### Chicken Nugget Bites

8x battered Chicken Nuggets (halal + contain paprika)

£3.65

## SNACKS

### Chocolate Fredo (V)

90p

### Assorted Biscuits

90p

### Piece of Fruit (VE)

Choice of; Banana or Apple

£1.00

### Real Crisps

£1.50

### Quavers (V)/Pombears (VE + GF)

(Kosher)

£1.70

### Chocolate (V)

£1.95

### Jelly Pot (VE)

£2.15

### Chocolate Muffin (V)

£2.95

## CHILDRENS MENU

all served with a drink (small cordial, small post mix, a milk carton or bottled water), and a portion of chips.

£5.25

### Hotdog

Small Hotdog

£5.25

### Chicken Nugget Bites

6x battered Chicken Nuggets (halal + contain paprika)

£5.25

### Fish Bites

4x Breaded Fish Bites

£5.25

### Mini Cheese Pizza (V)

### Sausage & Chips (GF)

2x GF Sausages

£5.25

### Childrens Puzzle Box

1x Full Sandwich, choice of; Ham, Cheddar Cheese or Jam , A bag of Pombears, an Apple or Orange Carton, a pot of Jelly, a piece of fruit, and 1x Colouring Set with crayons.

£5.50

Cucumber sticks can be provided, on request, as a paid extra

### Vegan (VE)

### Gluten Free (GF)

### Vegetarian (V)

### Halal (H)

For advice on allergies, please ask a member of staff



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## LUNCH



### TOASTIES/ SANDWICHES

**Cheddar Cheese (V)**

£3.70

**Ham**

£3.70

**Cheese & Onion/Tomato (V)**

£3.95

**Tuna Mayo**

£4.95

**Ham & Cheese**

£4.95

**Chicken (H) (BBQ or Sweet Chilli)**

£5.35

### JACKET POTATOES

**Plain Jacket Potato (VE + GF)**

£3.70

**Cheddar Cheese (V + GF)**

£4.75

**Tuna Mayo (GF)**

£5.95

**Beans and Cheddar Cheese (V)**

£5.95

**Chilli Con Carne**

£6.25

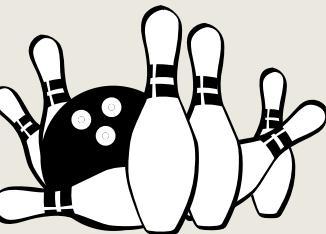
**To help us reduce food waste, meals will no longer include a side salad by default.**

**If you'd like one, please request it when placing your order.**

### ALLEY SNACKS

**Loaded Nachos (V)**

Tortilla crisps topped with melted cheddar cheese, nacho sauce, salsa and jalapenos.



£6.45

**Chilli Con Carne**

Chilli Con Carne (halal), served with a generous portion of rice, 2x slices of garlic bread.

£6.50

**Hot & Spicy Chicken Burger**

Hot & Spicy breaded chicken burger, served in an unseeded bun, with a portion of chips.

£7.75

**Beef Burger**

Beef Burger, served in an unseeded bun, with a portion of chips.

£8.40

**Cheese (V) or Pepperoni Pizza**

10" Cheese or Pepperoni Pizza with a tomato stuffed crust

£12.50

### MEAL DEAL'S - ALL DAY

**Fuels Wrap Lunch Deal**

Choice of; any wrap, a piece of fruit, a chocolate bar or crisps and a medium draught drink or a bottle of water. Served all day.

£6.25

upgrade to a hot drink for £1 extra

**Fuels Family Pizza & Chicken Meal**

Choice of; a Cheese or Pepperoni Pizza, one portion of chicken nuggets (contain paprika) (8), 4 small portions of chips & 4 medium drinks (draught). Served all day.

£24.00

Save £11.35

**Sauces available; Tomato, Brown, BBQ, Mayonnaise, + Salad Cream**

### WRAPS

Tortilla wrap, filled with lettuce + cucumber and your choice of filling.

**BBQ Chicken (H), Sweet Chilli**

£4.50

**Chicken (H) or Chicken Caesar (H)**

£4.50

**Tuna Mayo**

£5.50

**Chilli Burrito**

Tortilla wrap, filled with chilli beef (halal) and rice.

### RICE BOWLS

Gorgeous Rice Bowl, with diced peppers and your choice of chicken toppings

**Chicken (H)**

£5.35

**Sweet Chilli Chicken (H)**

£5.70

**BBQ Chicken (H)**

£5.70

**Chicken & Bacon**

£6.85

### SALAD BOWLS

Gorgeous fresh salad, mixed with a choice of delicious toppings

**Cheddar Cheese (GF)**

£4.95

**Tuna Mayo (GF)**

£5.80

**BBQ Chicken (GF + H)**

£6.05

**Chicken Caeser (GF + H)**

£6.05

# MENU

## DRINKS

### HOT DRINKS

Espresso

**LAVAZZA**  
TORINO, ITALIA, 1895

£1.75

Breakfast Tea or Herbal Tea

Choice of; Green, Mint, Decaf or Lemon + Ginger

£2.20

Americano

£2.75

Cappuccino, Latte, Flatwhite, Mocha, Hot Chocolate

£3.19

Cold Oat Milk (VE)

15p

Syrup Shot

50p

Whipped Cream (V)

55p

Extra Espresso Shot (with a hot drink)

90p



**ACTIVE**  
TAMESIDE

### COLD DRINKS

Juice Carton 200ml (VE)

Choice of; Apple or Orange

80p

Milk Carton 200ml (V)

Choice of; Chocolate or Strawberry (Kosher + Halal)

£1.25

Bottled Water 500ml (VE)

£1.25

Cans 330ml (VE)

Choice of; Pepsi Max or Diet Pepsi

£1.80

Flavoured Water 500ml (VE)

£1.90

Simply Fruity 330ml (VE)

Choice of; Orange or Blackcurrant

£1.90

Jug of Juice

£1.95

Cherry Coke (VE)

£2.50

Innocent Smoothie 200ml (VE)

£2.25

Fresh Juice 330ml (VE)

Choice of; Orange or Apple

£2.55

Lucozade 500ml (VE)

Choice of; Original Energy or Raspberry Sport

£2.65

Ribena Light (VE)

£2.65

Small

£1.32

Medium

£1.98

Large

£2.65

Slush

£1.90

Medium

£2.05

Large

£2.65

Extra Large Draft (excluding slush)

£3.60

Sunkist Fizzy Orange, Pink Lemonade, Coke Zero, Coca-Cola, Lemonade and Vimto

### ALCOHOL

Pint

£5.65

1/2 Pint

£2.82

Carlsberg (VE)

Poretti (VE)

£6.05

£3.47

Bottled Wine 187ml

Choice of; Merlot, Pinot Grigio or Zinfandel Rose

£6.00

Budweiser 330ml (VE)

£5.15

Peroni 330ml (VE)

£5.35

Koppaberg/Bulmers (VE)

£5.50

Spirit with Mixer Splash

Choice of; Gin, Pink Gin, Vodka or Jack Daniels available

£5.50

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