



EVERYBODY CAN

community sessions

ACTIVE
TAMESIDE

Tameside
Metropolitan Borough



National
Autistic
Society

Autism Specialist
Award Accredited





disability/inclusive community sessions

Everybody Can's disability and inclusive community sessions offer family-friendly activities for those who require additional support or disability friendly activities, for anyone above the age of 5. We welcome families to come and enjoy, knowing that support and appropriate equipment is available via our qualified staff team.

<p>MONDAY 5.00pm - 7.00pm</p> <p>Cycling</p> <p> Tameside Cycle Circuit</p>	<p>MONDAY 5.30pm - 7.30pm</p> <p>Clip'n'climb, soft play, sensory and swimming*</p> <p> Active Medlock</p>	<p>TUESDAY 6.00pm - 7.30pm</p> <p>Swimming*</p> <p> Active Hyde</p>	<p>WEDNESDAY 6.00pm - 8.00pm</p> <p>Multi-sports, dance and life skills</p> <p> Active Oxford Park</p>
<p>THURSDAY 5.00pm - 7.00pm</p> <p>Cycling</p> <p> Tameside Cycle Circuit</p>	<p>THURSDAY 5.30pm - 7.30pm</p> <p>Bowling, yoga and sensory play with Active Angels</p> <p> Tameside Wellness Centre</p>	<p>FRIDAY 6.40pm - 8.40pm</p> <p>Dance</p> <p> Active Copley</p>	<p>SATURDAY 1.00pm - 3.00pm</p> <p>Cycling</p> <p> Tameside Cycle Circuit</p>

£4.31
for anyone to attend

***Please note:**
Customers accessing swim sessions on their own need to have the ability to swim 25 meters independently without the need of water aids. Session only available between 6.15pm - 7.15pm



memberships

Everybody Can Memberships include access to all community sessions, gym and swim, with off-peak times applying depending on age.

starting from **£18.08** per month

For further information, email EverybodyCan@activetameside.com

